

**Vitamin Injections**

Shots starting at $25

No Appointment Needed

**Every Monday**

Frazier Farms Oceanside

3:00pm-4:00pm

1820 Oceanside Blvd.

Frazier Farms Vista

4:30pm-6:00pm

225 Vista Village

**1st Saturday of the Month**

F45 4S Ranch

8:00am-8:30am

16625 Dove Canyon Rd Unit 105

YogaSix 4S Ranch

8:30am-11:00am

16625 Dove Canyon Rd

**2nd & 4th Saturday of the Month**

YogaSix Carmel Valley

7:30am-9:30am

4639 Carmel Mountain Road #102

Major Market Escondido

10:00am-12:30pm

**Every Friday**

Frazier Farms La Mesa

9:00am-10:30am

8401 Fletcher Pkwy

Sprouts Chula Vista

11:00am-2:00pm

690 3rd Ave

Sprouts Eastlake

3:00pm-5:30pm

878 Eastlake Parkway

**Prime Wellness in Rancho Bernardo open to the public for shots!**

11828 Bernardo Plaza Ct

Monday-Thursday9:00am-4:30pm

Friday 9:00am-2:30pm

For more information please visit our website! [www.atmyprime.com](http://www.atmyprime.com)